LD 535 An Act to Increase Access to Necessary Medical Care for Certain Minors

Senator Carney, Representative Moonen, and members of the Maine Committee on Judiciary, My name is Abigail Beal of Cherryfield, Maine, here in firm opposition to LD 535. Thank you for the opportunity to testify today.

I am here to expose the truth that gender transitioning is not health care, and this bill is not about providing necessary health care to children.

This bill gives children the authority to receive counseling and sign medical papers authorizing medical procedures regarding physical alterations to their bodies in attempts to change their sex.

This bill outlines circumstances under which a health care provider may provide gender-affirming hormone therapy to a minor and emphasizes that the child may do so with or without their parent or guardian's consent. Furthermore, it gives the health care provider power to judge if such alterations are necessary to save the child from harm he or she is experiencing or may experience in the future, and to deem the child competent to make such decisions on their own.

This completely disregards the fact that parents know their children better than anyone else. I recently heard testimony from a mother here in the state of Maine who testified that her daughter had been given breast binders and was using such altering devices after only having undergone two thirty-minute counseling sessions and one brief, ten-minute check-in with a school social worker, and that social worker never reached out to the child's parent at all.

How does one hour of discussion compare to over a decade of care by a loving and concerned parent? Why should the opinion of a medical provider be allowed to unilaterally override the will of those who have literally invested their lives in their children?

I am not overstating this or providing a hyperbolic interpretation of this bill. To quote the text of the proposed bill sent out late last night, "When a minor has provided written informed consent as set forth in section 3, or has provided informed consent and a Judge of the District Court allows a petition granting the minor majority rights for purposes of consenting to care as set forth in sections 3 and 4, there shall be a bar to an action by the parent or guardian of the minor on the grounds of battery, malpractice, or any other claim for providing the care without parental consent."

If lawmakers, health care providers, or anyone else really care about the health of children, why bar input from those who care the most and know the most about their children?

Furthermore, testimonies from those who have personally experienced such surgeries and alterations reveal that rather than positively benefiting children, such alterations foster distress, instability, and suicidal inclinations. The National Library of Medicine states that, "Data indicate that 82% of transgender individuals have considered killing themselves and 40% have attempted suicide, with suicidality highest among transgender youth"

And an article published in the Journal of Clinical Endocrinology and Metabolism states, "Childhood gender dysphoria (GD) is not an endocrine condition, but it becomes one through introgenic puberty blockade (PB) and high-dose cross-sex (HDCS) hormones. The consequences of this genderaffirmative therapy (GAT) are not trivial and include potential sterility, sexual dysfunction, thromboembolic and cardiovascular disease, and malignancy (1, 2) ... Children with GD will outgrow this condition in 61% to 98% of cases by adulthood."

So if this is about safety and health, listen to the science and save these children decades of grief and irreversible damage!

Girls as young as thirteen are undergoing double mastectomies, and boys as young as seventeen are undergoing full genital sex reassignment surgeries. Some transgender-identified patients are even being prescribed cross-sex hormones upon their very first visit to a clinic, according to Planned Parenthood ²And the long-term effects of puberty blockers and cross-sex hormones have not been studied ³

To mutilate and mangle children in this way is an abuse of science and medical technology. To seek to legalize such practices is irresponsible and should not even be up for consideration

Jesus warned us in Matthew 18 10. "Take heed that ye despise not one of these little ones; for I say unto you, That in heaven their angels do always behold the face of my Father which is in heaven."

The Lord Almighty has a special protection plan in place for His children. His eyes are always upon them, and therefore, His eyes are also upon those who seek to do them harm

Therefore, I urge you to do what is right, do what is just, and do what is good Choose abundant life for these children and their families and vote, "Ought not to pass" on the horrendous bill Thank you for your time

¹ https://academic.oup.com/jcem/article/104/3/686/5198654

 $^{^2 \, \}underline{\text{https://www.plannedparenthood.org/planned-parenthood-greater-texas/patient-resources/transgender-healthcare}$

 $^{^3}$ <u>https://www.thenewatlantis.com/publications/growing-pains</u>