

To whom it may concern,

My name is Ashley McGeoghegan. I am currently a resident of The Bridge recovery sober living. I'd like to speak on the LD 109 bill that is being discussed. I am a person in recovery and it is because of sober living homes like the Bridge that I'm sober and working my recovery today.

They have taught and continue to teach me so much valuable information that keeps me clean, a hard working woman in society, and a beneficial part of our community today. The way recovery works in general is because of sober living, rehabs, and detox. To no surprise addiction is an epidemic right now and has been for so long. I'm trying to be a part of the solution and not the problem today.

I could not have been the person I am today without these programs. Period. In active addiction, I didn't know there was hope for recovery. Not until I went to rehab and sober living. For that I am blessed and forever grateful. If I did not have this valuable place I now call home, The Bridge, I promise you I would not be sitting here writing this to you. I would not be sober, alive or in recovery.

If it wasn't for these programs and the help I received while in sober living, I would be another overdose. Please consider not passing this bill. Thank you

Ashley McGeoghegan