

Holly Anderson
Harrington
LD 335

Testimony for LD 335:
An Act to Safeguard Reproductive Rights
February 25, 2026

To the members of the Committee of Health and Human Services,

My name is Holly Lisett Anderson. I am a resident of Harrington and a psychology undergraduate student at the University of New England. I write to you today asking for assistance to support women all across Maine. Please consider allowing LD 335, An Act to Safeguard Reproductive Rights, to pass.

At twenty years old, I found myself in an abusive relationship with someone who I thought wanted the best for me. I became pregnant in May 2025 and felt completely overwhelmed by the reality of the situation. With the help of Planned Parenthood, I was not forced into a lifelong contract bonding me to this abusive individual. Although you may not agree with my decision of abortion; without this choice, my abuser would have continued to have access to me and our child. I may have been able to live with that consequence, however I did not want my child to.

At twenty one years old, I was sexually assaulted by two separate men in the same twenty four hours. No, I did not give explicit consent; nor was I sober enough to do so. For almost a week I blamed myself for the actions of these men and thought there was something that I should've done to prevent what had happened. The fact of the matter is there is nothing that a single victim of sexual crimes should've done differently. To shift the blame onto the individual who did not ask to be violated is to disrespect and devalue. Without the access to the proper medical interventions and sexual assault resources, I would've continued to believe that my experiences were a product of my wrongdoing. Furthermore, I could've ended up with a life-altering disease.

To ever discredit or dismiss someone's experience based on your bias is disgusting. To know the cruelties that people face on a daily basis and wish to hold them from access to care is inhumane. What the United States government has done and continues to do to the innocent is beyond disgraceful. I offer you a route to help your fellow man in creating a new path of justice.

Please vote "ought to pass" on LD 335 to show your support for humanity. Show the people how much you care or show the people your true colors.

Take Care,
Lisett Anderson
Harrington, Maine