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Testimony of Rep. Mana Abdi in support of
LD 2103, An Act Requiring Hospitals to Adopt Cybersecurity Plans
Before the Joint Standing Committee on Health and Human Services

Senator Ingwersen, Representative Meyer, and members of the Joint Standing Committee on Health and Human Services: My name is Mana Abdi, and I represent District 95 in Lewiston. I am unable to be with you in person today, but I am submitting testimony in strong support of **LD 2103, An Act Requiring Hospitals to Adopt Cybersecurity Plans**.

Last year, Central Maine Healthcare experienced a serious cybersecurity incident. It was later confirmed that between March 19 and June 1, 2025, there was unauthorized access to its network. More than 145,000 individuals were affected, and sensitive patient information, including names, Social Security numbers, insurance information, and treatment details, may have been exposed. In response, systems were shut down. In Lewiston, that disruption lasted weeks.

This was not just a technical issue. Prescriptions were delayed. Medical records were harder to access. Staff were working without the digital tools they rely on every day.

During that time, I brought my mother to the hospital. I was surprised to learn that weeks later, systems were still down. As a legislator, I understand that cybersecurity threats are increasing across the country. As a daughter, it felt unsettling. When hospital systems go offline, patients feel it immediately.

That experience made something very clear to me. Cybersecurity in healthcare is about patient safety.

LD 2103 is not about placing blame. It is about preparedness. Hospitals are increasingly digital, and when something goes wrong, there needs to be a clear, tested plan to maintain care, communicate with patients, and protect sensitive information.

The incident in Lewiston showed that these events are not hypothetical. They are real, and they affect families in our communities.

For these reasons, I respectfully urge you to support LD 2103.

Thank you for your consideration.