

LD 2166 Resolve, Regarding Legislative Review of Chapter 6: Delegation of Nursing Activities and Tasks to Unlicensed Assistive Personnel by Registered Professional Nurses, a Major Substantive Rule of the Department of Professional and Financial Regulation, State Board of Nursing

Testimony in Support

2/2/26

Senator Bailey, Representative Mathieson and members of the Health Coverage, Insurance and Financial Services Committee my name is Lindsay Holmstrom, and I am a resident of Somerset County. I am a registered nurse providing testimony in support of this bill.

As a nurse leader in Maine, I strongly support LD 2166. As the nursing shortage in Maine intensifies in the coming years, the ability for nurses to safely and appropriately delegate is essential to maintaining patient access, quality, and safety. This is especially true in rural and critical-access hospitals, where nursing resources are scarce. Without clear and workable delegation authority, highly trained nurses will be performing tasks that could safely be delegated and they will not have time to perform the tasks that only a licensed RN can perform. The downstream impact of that will be an inability to utilize those precious resources most efficiently and effectively, which will result in less care being provided to our aging population and communities in need. LD 2166 supports team-based care, protects patient safety, and ensures Maine's healthcare system can continue to meet community needs in the face of ongoing workforce shortages. There is not a single solution that will fix the current healthcare crisis in Maine, but this bill will certainly make a positive impact in the short and long term.

Thank you for the opportunity to provide comment in support of this important legislation.

Respectfully,

Lindsay M. Holmstrom, MSM, RN
Chief Nursing Officer
Redington Fairview General Hospital

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