



**Maine Medical  
Association**



**TESTIMONY OF THE MAINE MEDICAL ASSOCIATION  
AND  
THE MAINE OSTEOPATHIC ASSOCIATION**

**In Support Of**

[LD 2125](#)

An Act To Sustain Access To Children's Residential Care Services

Joint Standing Committee on Health and Human Services  
Room 209, Cross Building, Augusta, Maine  
Tuesday, January 27, 2026

Good Morning, Senator Ingwersen, Representative Meyer, and Members of the Joint Standing Committee on Health and Human Services. My name is Anne Sedlack, and I am the Director of Advocacy at the Maine Medical Association. I am submitting this testimony in support of [LD 2125](#), An Act To Sustain Access To Children's Residential Care Services, on behalf of the Maine Medical Association and Maine Osteopathic Association.

The Maine Medical Association (MMA) is a professional organization representing over 4,300 allopathic and osteopathic physicians, residents, and medical students in Maine. MMA's mission is to support Maine physicians, advance the quality of medicine in Maine, and promote the health of all Maine people. The Maine Osteopathic Association (MOA) is a professional organization representing more than 1,200 osteopathic physicians, residents, and medical students in Maine whose mission is to serve the Osteopathic profession of the State of Maine through a coordinated effort of professional education, advocacy, and member services in order to ensure the availability of quality osteopathic health care to the people of this State.

The MMA and MOA's legislative committees have joined to advocate with one voice. We have all determined we should testify in support of LD 2125.

Physicians of all types of practice areas see the consequences of our child residential treatment system that is stretched beyond capacity. This includes children boarding in emergency departments for days or weeks, being placed far from home in out-of-state facilities, or cycling through crisis services that are not designed to meet their long-term therapeutic needs. Our members know that early, appropriate, and well-resourced treatment leads to better outcomes for children and families and reduces strain across the

broader health care system. By stabilizing reimbursement and preventing further system collapse, this bill supports patient safety, workforce sustainability, and a more humane and effective continuum of care for Maine's children.

We recognize that anything with a fiscal note faces an uphill battle, but we believe that this cost is imperative. Ultimately, LD 2125 reflects sound health policy and fiscal responsibility. Failing to act will only increase long-term costs through greater reliance on emergency care, inpatient psychiatry, youth justice involvement, and out-of-state placements, while further eroding Maine's ability to care for its own children.

Thank you for considering the thoughts of Maine's physicians, and we hope you support LD 2125.

Thank you,

Anne Sedlack, Esq., M.S.W.

Director of Advocacy

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