

Natalie Fleurent
Biddeford, Maine
LD 11

I, Natalie Fleurent, live in Biddeford, Maine and I attend Alternative Pathways Center which is associated with Maine's Biddeford High School (BHS/APC student) and I am in support of the Maine bill, An Act Regarding Temperature Standards for School Buildings.

I chose and support this bill due to the fact I am currently a student who attends a school in the State of Maine.

I believe that Maine schools should be mandated to keep up with temperatures and make sure they are well regulated. Some reasons I have for this include for one, Maine's weather can be very harsh in both the heat and the cold. Another reason I have is that some students may not have or cannot afford the best attire that accommodates weather conditions.

With regulation of temperatures, some potential benefits of this bill will be, a vicinity with regulated temperatures which keeps individuals in the school warm in cool weather and cool in hot weather. Another potential benefit would be a well maintained work space for both employees and students, students and employees could benefit very much in a workplace with maintained temperatures.

The reason I say this is due to the fact that many studies have shown individuals seem to have intensely improved focus, cognitive function, behavior and engagement, concentration, memory, and problem-solving skills while being able to work and/or learn in a place that has regulated temperatures. For example, without regulated temperatures, people are already trying to regulate their body temperature which affects how they perform academically, socially and in general. Around 30 studies in 2025 have supported my claim and many more in previous years. In conclusion, I believe my testimony supporting An Act Regarding Temperature Standards for School Buildings should be taken into consideration because, like stated previously, I am an individual who attends school in the State of Maine and have taken the time to personally reflect and see that this is truly something that can, will and does affect individuals in a spectrum of different ways including mentally, and physically. I've noticed that I as a student have worked significantly better in spaces where temperatures are regulated.

Thank you for your attention and time put into this matter. Even just your consideration is very appreciated by not only myself but I'm sure many other students and employees who attend work and/or classes within Maine schools and places of attendance. Thank you again for your consideration and time.

-Natalie Fleurent