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LD 1216

I'm writing in support of LD 1216 - a life-saving resource in our state's web of support for those with mental health struggles and those that love them.

Last year, while supporting a loved one through a mental health crisis, a friend shared 988 with me. I called that afternoon and received the most supportive, calming, compassionate and non-judgmental listening and guidance. This allowed me to take the next steps to support my loved one and ensure they received the care they needed. I have since shared this number with many others in my community.

Health care, including mental and emotional health, is a human right -- and I implore our State to enshrine 988 into law.

Thank you,
Catherine