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Strong scientific evidence supports the importance of regulating artificial lighting and better maintaining dark skies for the health of ecosystems- plants & animals (see Longcore's publications for good data as to how modifying lighting systems can improve necessary night lighting) . Human chronobiology - circadian rhythms are also adversely impacted by artificial lighting during the night hours.

Increased lighting in residential areas that is "just fun" and affordable- wastes electricity and fails to consider the bigger picture of its adverse impacts. This bill is important for developing the State & local restrictions necessary to help protect wildlife & human health, accompanied with good public education as to the importance of dark skies- dark nights - will benefit everyone in Maine & beyond.