Please vote Ought to Pass on LD 1785, An Act to Encourage Competition by Requiring Independent Health Care Provider Cost-of-living Adjustments in Health Insurance Contracts

Senator Bailey, Representative Mathieson and Honorable Members of the HCIFS Committee,

My name is Michelle Roy. I live in Gray and I own a small outpatient practice in North Yarmouth called Centerboard Physical Therapy and Massage. I am writing to ask the aforementioned committee to vote "Ought to Pass" on LD 1785.

Our practice NEEDS this to pass. We have 2 PT providers at our practice (myself and one PT employee), as well as a massage therapist and one part-time admin staff. We provide one on one physical therapy, including pelvic health physical therapy. I need this bill to pass to be able to continue to provide high-quality, one-on-one care in an insurance-based model. We have no negotiating power with insurance carriers to support providing this one on one care, and we are constantly being forced to look for other ways to generate revenue, and constantly having to decide whether or not to remain in network with most carriers due to the low reimbursement/limitations on reimbursement and no recent or impending increase in reimbursement. Due to this, I have no ability to offer increased compensation to my PT employee, and she is most likely going to have to leave my practice to take a job offer from a hospital setting that is able to offer her a higher compensation along with benefits. I simply cannot compete with that with no reimbursement changes on the horizon, and that threatens my ability to keep my practice open and accepting insurance.

Please vote Ought to Pass on LD 1785.

My email is <u>michelle@centreboard207.com</u> if there are any follow up questions or concerns, don't hesitate to reach out.

Michelle Roy Gray LD 1785

Please vote Ought to Pass on LD 1785, An Act to Encourage Competition by Requiring Independent Health Care Provider Cost-of-living Adjustments in Health Insurance Contracts

Senator Bailey, Representative Mathieson and Honorable Members of the HCIFS Committee.

My name is Michelle Roy. I live in Gray and I own a small outpatient practice in North Yarmouth called Centerboard Physical Therapy and Massage. I am writing to ask the aforementioned committee to vote "Ought to Pass" on LD 1785.

Our practice NEEDS this to pass. We have 2 PT providers at our practice (myself and one PT employee), as well as a massage therapist and one part-time admin staff. We provide one on one physical therapy, including pelvic health physical therapy. I need this bill to pass to be able to continue to provide high-quality, one-on-one care in an insurance-based model. We have no negotiating power with insurance carriers to support providing this one on one care, and we are constantly being forced to look for other ways to generate revenue, and constantly having to decide whether or not to remain in network with most carriers due to the low reimbursement/limitations on reimbursement and no recent or impending increase in reimbursement. Due to this, I have no ability to offer increased compensation to my PT employee, and she is most likely going to have to leave my practice to take a job offer from a hospital setting that is able to offer her a higher compensation along with benefits. I simply cannot compete with that with no reimbursement changes on the horizon, and that threatens my ability to keep my practice open and accepting insurance.

Please vote Ought to Pass on LD 1785.

My email is michelle@centreboard207.com if there are any follow up questions or concerns, don't hesitate to reach out.