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LD 1216

In 2010 our family lost my cousin, Nate Paulson, to suicide. An avid explorer, outdoorsman and new father he was someone who had a profound impact on everyone he met. He lived with our family during the legislative session, while I was in high school, and took me to my first Presidential caucus in 2000. He taught me to play chess, write letters to the editor and inspired me to become a bike commuter. His death at the age of 33 was gutting. It still is. Since his death I've been lucky to have helped two teenagers find support who confessed that they were intending to self harm. We have all lost friends or family, too. 988 is a vital resource. LD 1216 ensures that Maine law reflects Maine's values - that we support and look after one another during times of crisis is enshrined in Maine law. It is a resource we all hope not to need but benefit greatly from knowing it will always be available - a lighthouse in a storm. I strongly urge you to support LD 1216.