



Alliance for Addiction and Mental Health Services, Maine
The unified voice for Maine's community behavioral health providers

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Testimony in Support of

An Act to Improve Access to Sustainable and Low-barrier Trauma Recovery Services – LD 1425

May 7, 2025

Good afternoon, Senator Ingwersen, Representative Meyer, and honorable members of the Committee on Health and Human Services. My name is Adam Bloom-Paicopolos. I am a resident of Wells and am proud to serve as the Executive Director of the Alliance for Addiction and Mental Health Services, Maine (the Alliance). The Alliance is the statewide association representing Maine's community-based behavioral health agencies who provide mental health and substance use services to over 80,000 children, adults, and families annually. The Alliance advocates for the implementation of sound policies and evidence-based practices that serve to enhance the quality and effectiveness of our behavioral health system.

On behalf of the Alliance, I am here today to speak in support of LD 1425, "An Act to Improve Access to Sustainable and Low-barrier Trauma Recovery Services."

The Maine Resiliency Center in Lewiston has become a vital lifeline for impacted individuals and families navigating the aftermath of the deeply traumatic events of October 25th in Lewiston. LD 1425 recognizes that the continuation and expansion of such programs require reliable support to remain accessible, responsive, and rooted in the communities they serve.

At a time when Maine's behavioral health system is already stretched thin, it is essential to invest in prevention and early intervention. Low-barrier trauma recovery services reduce downstream costs to the health care and public safety systems by helping individuals heal before conditions escalate into crises. These services are community-based and designed to meet people where they are with a deep understanding of community needs.

I respectfully urge the Committee to vote "Ought to Pass" on LD 1425 and support the sustainability of the Maine Resiliency Center in Lewiston. Thank you for the opportunity to provide testimony this afternoon. I would be happy to answer any questions from the Committee.

Respectfully,

A handwritten signature in dark ink, appearing to read "Adam Bloom-Paicopolos".

Adam Bloom-Paicopolos, MPP
Executive Director