Kay Goodoak Portland LD 380

Hello committee members. My name is Kay Goodoak, my pronouns are she/her. I am a registered voter in Portland and I am writing this testimony on my own time.

Today the legislature is considering a number of bills meant to sow fear and distrust in our communities. Bills that will push down and suppress our fellow people. I am writing today to speak against LD 233, LD 868, LD 1002, LD 1134, LD 1704, LD 1337, LD 1432, and LD 380. I do not want to live in a state that weaponizes fear against any minority group. My hope is that the legislature makes the right choice. Bravely standing against these unnecessary intrusions of Mainer's privacy. To stand against fear.

It can be hard to understand what it means to be transgender, especially if you don't know anyone that is. I am transgender and would love to tell you more about who I am. I am 26 years old and have been on hormone replacement therapy for almost a year and a half now. Since I started HRT I believe I have become a much better version of myself. I have also gotten physically weaker every day even though I do the same amount of exercise, but I didn't transition because of sports. I have not been involved in sports since middle school. I transitioned because I have felt wrong for my entire life, and experienced almost no relief until I realized I was a woman.

I do not believe any anti trans legislation being proposed in maine is about children, or women, science, or healthcare. I believe people spin it that way, but the proposed legislation that I have read appears to be based on fear and stories that do not match reality. That proposes the state closely control and invasively inspect the people of Maine. Please vote against the anti trans bills being proposed today.