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LD 380

Sen. Carney, Rep. Kuhn, and Members of the Judiciary Committee:

I am writing in strong opposition to LD 380, “An Act to Amend Certain Laws Regarding Gender-affirming Health Care Services.” This bill seeks to roll back essential legal protections for patients and providers involved in gender-affirming care in Maine.

Under current law, Maine wisely shields its residents and medical professionals from out-of-state legal actions that attempt to criminalize or restrict access to gender-affirming health care. These protections are not radical—they are humane, constitutional, and in line with our state’s longstanding commitment to civil rights and bodily autonomy.

LD 380 would eliminate those protections, exposing patients and health care providers to legal jeopardy simply for receiving or offering care that is legal in Maine but targeted by hostile laws in other states. This is not a hypothetical concern—numerous states have passed legislation attempting to punish those who assist trans people, including parents, in accessing health care.

This bill would chill access to medically necessary care, particularly for trans youth and their families who are already navigating vulnerable and deeply personal medical decisions. It would also entangle Maine’s courts and law enforcement in politically motivated, out-of-state legal actions—something no state should welcome.

Maine should continue to be a refuge for those seeking care, not a partner in cruelty. I urge you to reject LD 380 and stand with the medical community, civil rights advocates, and families who simply want to live in safety and dignity.

Thank you for your consideration.