

Senator Ingwersen, Representative Meyer, and the Members of the Health and Human Services Committee,

As a pediatric dentist practicing in Maine, I see firsthand the positive impact that fluoride in our water systems has on children's oral health. Community water fluoridation is one of the safest and most effective ways to prevent tooth decay, especially for our youngest and most vulnerable patients. It helps strengthen enamel, reduce cavities, and lowers the need for costly dental treatments.

In Maine, where access to dental care can be limited in rural areas, fluoride provides a critical baseline of protection for all children—regardless of income or insurance. I urge you to continue supporting water fluoridation to ensure healthier smiles and a brighter future for kids across our state.

Nicholas Pray, DMD