

Senator Ingwersen, Representative Meyer, and the Members of the Health and Human Services Committee

As a dental hygienist with over 17 years of clinical experience, I want to express my strong opposition to any effort to end water fluoridation in our public water systems here in Maine.

Fluoridation has been a proven, effective, and safe public health measure for decades. It plays a crucial role in preventing tooth decay for people of all ages, especially those who may not have regular access to dental care. Numerous scientific studies and endorsements by respected health organizations—including the Centers for Disease Control and Prevention and the World Health Organization—underscore the benefits of maintaining optimal fluoride levels in our water.

Ending fluoridation would disproportionately affect vulnerable communities, increase long-term dental health costs, and undo years of public health progress. I urge our decision-makers to prioritize science, equity, and the well-being of our communities by continuing water fluoridation in our state.

Sincerely,

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