

Kari Koch  
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LD 1234

My name is Kari Koch MD. As a parent and a physician, I strongly support the removal of cellular devices from public schools, and strongly support this bill.

I live in North Yarmouth, Cumberland County, with my husband and our two sons who are 6 and 10 years old. I am a family physician, and I work at Mercy Hospital in Portland, Maine.

I recognize the challenge and difficulty of implementing cell phone free schools. Ask most parents and teachers, however, and you will hear that we are already in difficult times: struggles to teach focus when an addicting technology is at hand constantly, worries about photography or filming while in educational spaces, and teaching in-person social interactions when online social media is so compelling are but a few of the challenges parents, teachers, and students face.

The task ahead is challenging, but we can do difficult things to make school better for our children. I strongly support DL1234, and applaud the Legislature for working on this bill.

Thank you,  
Kari Koch MD