

Maine Nurse Practitioner Association PO Box 135 | Woolwich, ME 04579 MNPA.org

April 13, 2025

Senator Donna Bailey
Representative Lori Gramlich
Members of the Health Coverage, Insurance, and Financial Services Committee
Room 220
Cross State Office Building, Augusta, Maine 04330

Dear Chairman Bailey, Chairman Gramlich, and Members of the Committee:

I am writing to you as a Family Nurse Practitioner, a Doctor of Nursing Practice in Population Health, and a Maine Nurse Practitioner Association Legislative Committee member. I am concerned about a non-evidence-based and non-essential two-year Nurse Practitioner supervisory provision preventing Mainers from accessing care. Please support LD961, "An Act to Address Maine's Health Care Workforce Shortage and Improve Access to Care," to remove this provision.

Family nurse practitioners must complete rigorous academic and clinical education and be certified to practice through a national accrediting body. In 2009, upon completion of my education through the University of Southern Maine, certification through the American Academy of Nurse Practitioners, and clinical training through Maine Family Planning, Togus Veterans Administration Medical Center, HealthReach Community Health Centers, St. Andrews Hospital Outpatient Clinics, and a pediatric practice in Rockport, ME, I accepted my first assignment as a Family Nurse Practitioner (FNP) through the National Health Service Corps, working in a Federally Qualified Health Center (FQHC) in Northwest rural Colorado.

Upon completing my two-year contract, I longed to return to Maine to be closer to family and friends, raise my children, and continue to serve underserved populations through my practice as a Family Nurse Practitioner. However, I faced a significant hurdle. As I prepared to move back to Maine to practice and apply for my Maine Nurse Practitioner license, I was required to present a letter of supervision from the FQHC medical director. She complied, but if she had relocated or been unavailable, I would have been out of luck getting the letter required to get my license in Maine and provide essential primary care to rural Mainers. The provision is not just a bureaucratic issue but a personal one that affects the lives of many Mainers. Nurse practitioners who want to move to Maine may choose not to do so due to a provision limiting crucial access to care. Of note, no other state in New England requires this provision.

LD961 is a crucial step towards standardizing the Nurse Practitioner licensing process, removing barriers to practice, and significantly increasing access to Nurse practitioner-provided care for Maine citizens. This act has the potential to transform healthcare in Maine. Please unanimously support LD961 without reservation.



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Thank you for your time.
Respectfully,
Jennifer Mora DNP, FNP-C Maine Nurse Practitioner Legislative Committee