

Ellen Brown
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LD 362

I am writing today to express my support for LD 362 and Land for Maine's Future. As we face ongoing urbanization and the crippling effects of climate change, conservation will continue to be extremely important. I am advocating for allocation of funds to Land for Maine's Future particularly given the uncertainty of federal funding.

As a psychiatrist, I can speak to the importance of having land conserved for people to spend time in the outdoors. Research has shown a strong benefit of time spent outside particularly when outside of the stressors of an urban environment. We are lucky in Maine to have ready access to many such spaces and we should act to protect that.

Thank you for your time.

Ellen Brown, MD