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LD 174

The First Amendment to the U.S. Constitution, while not explicitly mentioning "conscience," protects the core principles of liberty of conscience, including freedom of religion and expression, ensuring individuals can think, believe, and worship freely, and express their beliefs without government interference.

I believe my body is a temple of God, and this is a core belief in my church. I abstain from alcohol, tobacco, drugs, I eat foods that will only nourish my body and make it stronger, I stay away from mind altering foods such as caffeine and sugar- which chemically destroys the brain. I live these important truths out; nutrition, exercise, drink water, get lots of sun light, live with temperance, fresh air, proper rest, trust on God. This life style has had profound effect in my MS diagnosis. While I am not healed, I have made a huge turn around and am no longer going down hill towards a possible wheelchair but I am living mostly pain-free and that is a huge win. I have made these changes just because of my diagnosis but it is often a diagnosis that leads people to taken injections for the rest of their lives. I wanted to see if there was a better way. Thankfully it is within my right to do so.

I believe I am best suited to make medical decisions for my body but also for my children. I know that one of my children has reactions to artificial food coloring- but that is not something observable to a doctor because they only see "the patient" for 5-10 minutes tops. This is just a small example of how being a mother you can see things your doctor can not.

I am personally not against people who want to get a vaccine or those who would refuse. I believe it is the person's right to choose what they put in their bodies and their families bodies. I believe in freedom of conscience and our right to choose.