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My experience with this program has opened me up to new ways to handle the stress in my life. It has been such a beneficial program encouraging its clients to keep moving forward in a healthy and productive way. They have resources that help you get on your feet when all else has seemed to fail. The endless amount of time my Fedcap worker has put into my issues. She has helped me in some of my darkest times where I could not see a light and got me through it all while giving me the confidence within myself to do it. I hope everyone in these programs has the same type of worker as I do. I have been able to successfully manage my father in laws care and my children who are on the spectrum with the help of Hailey Gotlieb.