

Lari Washburn
Wiscasset
LD 1128

Madam Chair and Committee members,

I am writing to support LD-1128. My name is Lari Washburn and I live in Wiscasset. I have seen an ND for 10 years.

My ND has prescribed medications for hormone balance which have helped me have a much greater comfort in living my daily life. Also, I have had her recommendations with respect to supplements which have helped me to improve my Dexa Scan score, and my bone density. I would not have had this shift in my bone density without this guidance. I also have a primary care physician. I feel that the combination of my ND and my primary care physician has greatly improved my health. I'm writing because I HAVE been prescribed medications which have been helpful, and I want to urge you to add more medications to the formulary so that others can benefit the way I have. I see only positive benefits to modernizing the formulary. Thank you.