

Kate McMorrow
9 Lupine Lane
Camden, ME 04843

To Whom it May Concern,

I am writing to express my support and sincere gratitude for Naturopathic Medicine and Doctors in the state of Maine.

I encourage all Legislators to support LD¹¹²⁸~~606~~. This will modernize the prescriptive rights of ND's to be consistent with their training as well as the ability to be competitive with ND's in neighboring states. It will allow for lifesaving prescriptions and medications to be more easily accessible and reduce the wastefulness of multiple specialists and additional medical management and costs.

Having been a patient of Dr. Barb MacDonald, ND for many years, I can say without reservation that Naturopathic Medicine offers far more answers, healing solutions, non invasive therapies, and deep dive testing than any allopathic experience I have ever had.

When a Rheumatologist had no idea why I would experience stiffness, with relatively low inflammatory markers, she suggested a Mediterranean diet, which I was already on, so she obviously had not been listening to me, she said she could not help me.

Dr. Barb, ND, on the other hand, took the time to listen deeply, she began a deep dive into possible root causes. When initial rounds of testing gave some clues, she then said "let's go deeper". The exceptional testing that she offered gave much more information about my body and found toxins such as mold and heavy metals that were the cause of my discomfort.

Naturopathic Doctors seem to have access to far more information through their testing. They can then use supplements, supportive therapies like acupuncture, cranial sacral therapy, detoxification strategies, diet and lifestyle changes, as well as emotional support and empathy that often is lacking in allopathic offices where the doctors are stressed, overwhelmed, and caught in a dysfunctional system.

I encourage voting for LD¹¹²⁸~~606~~ so that more people can experience the exceptional care with a full range of privileges that come with the Naturopathic education and licensing.

Sincerely,
Kate McMorrow

Kate McMorrow