

Wendy Sincyr  
Embden  
LD 1128

Good afternoon Committee Chair Senator Bailey, Co-chair Representative Gramlich and honorable members of the Joint Standing Committee on Health Coverage, Insurance and Financial Services. Thank you for the opportunity to testify in support of LD 1128 today.

My name is Wendy Sincyr, I am a RN and I reside in Embden. I am writing in support of LD 1128. I am writing as a patient of a Naturopathic Doctor and as someone who works in health care. I first learned of Naturopathic Doctors during nursing school at KVCC in 2016. I have a complex health history and chronic health conditions. I decided to visit a Naturopathic Doctor to explore whether there were some more holistic and natural treatments for my chronic health conditions. I was highly impressed with the Naturopathic Doctors' explanation of the inter-connectedness of the conditions, the exact internal mechanisms at play, how they could be treated in a more natural way and the mechanism of action of those therapies. I am confident and comfortable with my Naturopathic Doctor prescribing medications and supplements because she understands the actions and interactions between medications and supplements. I am more likely to agree to a new medication or supplement prescribed by my Naturopathic Doctor because she explains the need for it, the mechanism of action in the body, how it will be beneficial and all the interactions taken into consideration before choosing that medication. We have been working on getting to the root causes of my chronic health conditions, and have made great improvement in my overall health. Unfortunately, there are some medications that my Naturopathic Doctor can not adjust, I must see my primary care physician for that. Which means another doctors visit, extra time and extra cost. For one of my chronic conditions, I had to see yet another doctor every month, 50 miles one-way from my home, for just that one condition and one medication. My Naturopathic Doctor was instrumental in the timely diagnosis and treatment of my arsenic poisoning in 2023. I shudder to think of the outcome had it not been for the Naturopathic Doctor! From a health care workers' perspective, I am seeing many providers leave the profession. I have had 5 primary care providers in the last 3 years - but count myself lucky to have one at all. I know many people who are unable to find a provider taking new patients after their provider leaves. In my humble opinion, we need the naturopathic doctors more than ever.

Thank you for opportunity to testify in support of LD1128 and I hope you will vote "Ought to Pass".

Respectfully,  
Wendy Sincyr, RN