

# Midcoast Medicine and Wellness

March 25th, 2025

Re: L.D.1128

To whom it may concern:

I have shared many patients with Dr. Barbara MacDonald, ND, LAC and find her to be well trained, professional and knowledgeable about medication safety, prescribing, drug: herb/nutrient interactions and without reservation, support the modernization of the naturopathic formulary and L.D. 1128.

Sincerely,

A handwritten signature in blue ink that reads "Mary L. Ashmore, D.O." with a stylized flourish at the end.

Mary L. Ashmore, D.O.