Doctor What started as a doctors appointment with the hopes of getting my husband on some blood pressure meds turned into an ER trip and now a hunt to try to find yet another doctor, more labs and a big bill we were not prepared for.

We knew his BP was high and had been going the holistic route to try and control it. What we didn't know was that our doctor would not be able to prescribe anything for him.

We saw our doctor and went over some old lads and made a plan. Then she has to send us to the ER to get meds. Which adds another set of bills, more explaining and sitting and waiting. Now we have to find another doctor, go through the questions all again, repeat the labs that were just done to have this life saving medication prescribed. This is why people don't go to the doctor. It's not easy nor convenient.

We appreciate the small, close relationship we have with our doctor. Going somewhere new where they don't listen, just push you on meds is hard and the number one reason some STOP seeing a doctor.