Debby Tarr Age Friendly Raymond LD 814

I am the coordinator for Age Friendly Raymond, and SMAA has been a tremendous resource for me after my first year on this journey. I meet with many seniors, and they know that SMAA is the place that helps them age in place, and guides them when they are in need. They listen and support our seniors. There have been employees that have visited with our seniors and shared information applicable to this age. I personally am involved in their Phone Pal program and Money Minders. I call my senior friend, and she is SO excited to talk with me every week. She thanks me profusely every week, and looks forward to our next conversation! She is home bound most of the time, and winters are tougher for those who don't get out. The Money Minders program is also a program I participate in with a shut in in an isolated area of Maine. When I visit, she talks for about an hour before we get to go over her finances. This SMAA program supports those who are unable to do it on their ownmy client had a stroke and has problems with her eyesight. She is SO appreciative of my help and socialization I bring her! SMAA has been a godsend to the Senior community in Maine in so many ways! It is an agency with many volunteers who make themselves available to help seniors, who have given us so much!