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LD 875

Hello representatives,

I am writing today to urge you all to support LD 875. These resources, advocates, and support for Domestic Violence victims in Maine are essential resources. I speak from experience, I don't think I would be alive today if it weren't for the support of organizations like Through These Doors, who in my time of need helped me to escape a violent and unsafe situation. When that situation escalated to stalking and harassment, These groups were the ones there for me when no one else was. When I was at my lowest, loneliest, and most hurt and afraid I had been in my whole life, they were my heroes. Through the help of these resources I was able to get a restraining order from my abuser and eventually I was able to move on with my life, work on going to therapy and recovering from that terrible time. I now am able to live a fully healthy and fulfilling life, something I never thought possible before I reached out to them. I want others who may be in similar situations to the one that I found myself in all those years ago to have the same access to resources and help if they are in need of it.