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The Caregiver Respite Program

Lisa Hawkes, Caregiver

445 Litchfield Road, Farmingdale, ME 04344

I am writing today to let you know how vital the Caregiver Respite Program has been for my family.

This program has been integral in allowing my mother to live with our family and receive the care she requires. It prevented her from going into a nursing home or facility she would be unfamiliar with. I'm sure everyone worries that someday they will have to place their elderly parents in nursing homes. Imagine being an aging adult and having an option to live with loved ones or enter a nursing home or facility where in most cases the care I'm sure is fine but at home they can get the love and support they deserve.

The Spectrum Program has allowed my mother to enjoy much more family time.

I only wish I'd known about this program when my father, at the age of 88, had the start of dementia and also broke his hip almost 3 years ago. My family struggled to support him during his remaining 6 months of life. We were forced to cut back hours with our jobs because of the exhaustion from the 24/7 care.

After my father passed and we started caring for my mother, we heard about this program and signed up. This program has helped reduce family stress. She is not in a strange place. It's helped her overall well-being to feel safe, loved, not forgotten and more comfortable being able to be with family. It allows me to have a break mentally and physically. It gives us all peace of mind and mostly my mother is more comfortable in her setting and surroundings.

This program helps with the shortage of healthcare workers.

These types of programs are so important for the elderly to keep them in a family setting. It's hard for an elderly person to have health issues such as memory, mobility, hearing, eyesight failure that put stress on their well-being in their final years.

I would like to close with a big thank you to all of the people that have made this program possible.

Thank you so much for your time,

Lisa Hawkes