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hi i am hanna im a freshman student at hall dale high school, i believe students in maine are greatly effected by the time when our school begins the productivity is not at it greatest when students are waking up early and not being able to focus because of tiredness. it also is not only effecting physical health but also our mental health. students anxiety rates tend to spike with less sleep. causing kids to fall asleep in class and not fully grasp with the concept that we go over and class with lectures I believe that if we change the time at which we attend school the productivity of our students will be highly benefited and we will be able to focus and properly grasp with the knowledge. thank you for your time and consideration of this topic.