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LD 29

Michelle Cormier, Dresden, ME. I am writing to support work on the Merrymeeting Rail Trail.(LD29). Trails like this make it possible for rural residents to exercise and enjoy nature safely, away from motorized vehicles. When my workplace was near the Augusta end of the trail, I used it to walk to work. The more exercise people get, the healthier they will be, reducing strain on our healthcare system and benefiting the entire community. Additionally, trails boost local economies by attracting visitors who support nearby businesses. They also promote environmentally friendly transportation alternatives, reducing traffic congestion and carbon emissions. Investing in this trail is an investment in public health, economic growth, and a cleaner environment for future generations.