

Molly Brown
Portland
LD 163

Hello,

I'm a primary care Nurse Practitioner practicing in the state, and I'm writing today in support of LD 163. It is crucial that Maine maximize access to all forms of contraception, and it would be great for insurance to extend coverage to over the counter options. While these medications are available without a prescription, they are still often prohibitively expensive. Particularly in the current federal climate, contraceptive access is vital to allow for self-determination and to improve health outcomes.

Thank you for your consideration,

Molly