Mallory Haar Portland LD 163

Dear members of the committee,

I urge you to support LD 163. There is lots of research that underlines how increased access to birth control and emergency contraception yields a net positive for society: people are healthier and have greater agency over their lives. When women, girls and any menstruators have their own bodily autonomy, they are better able to contribute to our communities both socially and economically. Passing this bill will enable hundreds of un- or under-insured Mainers (who are most likely to be victimized by upcoming rollbacks to public health supports under the new administration) to quite literally achieve a better life.

Thank you for your consideration,