

How Alpha-Gal effects people

It's been very difficult learning to live with someone with Alpha-Gal. in the beginning it was just unbelievable, I couldn't understand how my wife could suddenly be allergic to something she had eaten her entire life. But I saw it with my own eyes and witnessed her reactions. She kept getting deathly ill following meals that contained meat. Once she realized it was alpha gal after seeing an article about it on the news, she cut out all mammal meats and ingredients from her diet.

This is the point where she should have gotten better, but instead she kept reacting to something else, then she would clean that out of her diet and environment, something else would come up that she would start reacting to. You never knew from one day to the next what you would come home to. At one point, I had to change my clothes on the front porch because she would get so ill from the smell of my work clothes. There were many times where I thought "I don't think I can do this anymore".

Don, husband.