

**State of Maine | 131st Legislature  
Joint Standing Committee on Housing  
Testimony of Hannah A. Hudson on behalf of Maine Primary Care Association  
January 23, 2024**

Supporting:  
**LD 2136, “An Act to Provide Financial Support for Shelters for Unhoused Individuals”**

Sponsored by Representative Mastraccio

Senator Pierce, Representative Gere, and members of the Joint Standing Committee on Housing, I am Hannah Hudson, Director of Policy at Maine Primary Care Association (MPCA). We are testifying in support of LD 2136 and thank Representative Mastraccio for bringing this legislation forward to provide ongoing funds for homeless shelters.

MPCA is a membership organization representing Maine's Community Health Centers (CHCs), also known as Federally Qualified Health Centers (FQHCs). Maine's CHCs make up the largest independent primary care network in the state, providing high quality and equitable primary and preventive medical, behavioral, and dental health services for over 200,000 people (1 in 6 Mainers) at more than 80 service delivery sites around the State.

CHCs are at the forefront of delivering care to rural and underserved Maine communities. They provide all patients with comprehensive primary care services, as well as a host of other services that include transportation, translation, and case management services, among others. They are further required to provide this care without regard to a patient's insurance status or ability to pay. CHCs also provide essential behavioral health services, most especially for the state's vulnerable populations and across rural Maine. In 2022, this included providing care to over 7,800 patients experiencing homelessness.<sup>1</sup>

There is strong evidence demonstrating that safe, stable housing leads to better health outcomes. According to the National Health Care for the Homeless Council, “people who are homeless have higher rates of illness and die on average 12 years sooner than the general U.S. population.” Homelessness can create new health problems and exacerbates existing issues. Managing treatment for chronic conditions including diabetes and high blood pressure, addressing substance use disorders (SUD), and maintaining a healthy diet becomes incredibly difficult.<sup>2</sup> The care that CHCs provide for members of our communities across the state is more effective when a patient is stably housed.

It is critical that funding be allocated to shelters in the state, including those shelters that have a connection to CHCs, such as the Hope House Health and Living Center in Bangor, which is operated by Penobscot Community Health Care, and Nasson Health Care Greater Portland Health's partnerships with shelters in York County and the Portland region.

Thank you for considering our comments and for your work on this extremely important issue. MPCA and Maine's Community Health Center Network is available for any follow up questions. Please do not hesitate to contact me directly.

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<sup>1</sup> <https://data.hrsa.gov/tools/data-reporting/program-data/state/ME/>

<sup>2</sup> <https://nhchc.org/wp-content/uploads/2019/08/homelessness-and-health.pdf>