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I urge the Maine Legislature to enshrine the right to reproductive autonomy in our state constitution. Doing so not only will be a critical step in acknowledging the basic human rights and dignity of the women and people of our region (in a country that is frequently denying its citizens these very things), it will benefit all people in our state regardless of their reproductive status. It is well documented that societies cannot flourish unless people have access to the full scope of reproductive care they need. Adding this amendment will ensure that our communities and economies are healthier, fewer people will die, families will be more stable and individuals will retain their right to lead productive, meaningful lives. Thank you for your consideration.