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I am an active person (cycling, running, etc) who currently lives and grew up in Maine. I was lucky enough to live for a few years in the northern Virginia/DC area whose great network of Rail Trail systems helped me stay active and subsequently mentally stable. I highly support Maine choosing to construct a similar system as the human ecosystem it creates goes beyond just my limited interests.

Anyone who travels along anyone of the Rail Trail systems down in the greater DC area can quickly see the vast number of people benefiting from the system. This includes, but not limited to: commuters, walkers, cyclists, runners, kids, families, bird watchers, hikers, nature lovers, skate boarders, roller bladers, and those that enjoy the fresh air and the escape from the hustle and bustle of the city setting including cars.