

Bruce Kantner  
Brunswick  
LD 1914

I am for Bill LD 1914, An Act to Enact the Maine Psilocybin Health Access Act. I have heard veterans describe the amazing breakthroughs in their post-traumatic distress symptoms from psilocybin treatment in therapy. I've read similar positive results in the careful use of psilocybin under professional guidance for a variety of mental health issues such as depression, ADHD, addictions, and anxiety as well as end-of-life assistance. The public interest, research, and trials with psilocybin have increased enormously in recent years and all indicate the unique value of of psilocybin for improving health, well-being, and spiritual understanding when used with appropriate guidance and settings.