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I am a Family Physician in private practice and see veterans and civilians alike. The vast majority of my patients have suffered some form of trauma and have some degree of post-traumatic stress that affects their ability to function, thrive and overcome chronic health conditions. This has only been exacerbated since the Covid-19 pandemic and the rates of mental illness, addictions, suicide and other maladaptive health behaviors have skyrocketed while mental health resources seem to be ever more sparse and limited. Finding and implementing effective, safe and well-studied approaches to trauma recovery needs to be a priority if our society is to grow and evolve from our collective and individual traumas. In light of the testimonies of individuals and research that I have reviewed, I think it is important that we consider psilocybin-based therapies as they have the potential to be transformative healing tools for our veterans who are suffering as well as many other patients who could benefit from safe, legal alternatives for trauma, mental illness and addiction recovery. The stigma of psilocybin's history should not overshadow its potential as a powerful healing tool. Please strongly consider supporting this bill for the veterans, civilians and for the treating physicians, all seeking to be whole, healthy members of our collective society.