

Robin Willoughby
Milo
LD 1914

Good Morning,

While I am not a veteran, I wanted to submit a testimony in support of the women and men who have served our country. These people are seeking vital and effective treatment for the deep wounds that they and their fellow service men and women are trying to heal.

I do not know what it is like to re-integrate into society after witnessing the horrors of war. To us civilians, it is unimaginable. But we know enough to know that we should be doing everything in our power to help our Veterans find a clearer, more defined path to healing. Psilocybin has been studied for decades. We know that it is effective. Why should our Veterans have to worry about meeting stringent research study criteria, or leave the country, or have to worry about going “underground” illegally in order to find lifesaving treatment? Veterans often have lists of prescribed meds that have minimal to no effect. Why would we not make available to them what has been proven to be effective?

There is an alarming and growing mental health crisis in this country. Which means those enlisting today may already be at risk for being mental ill before they even serve. My niece is currently an Intelligence Specialist in the U.S Navy. I hear more frequently than I would like, about the suicide attempts on her ship. Please, let's end the stigma and make psilocybin accessible. We will be saving lives.

Thank you for your time,

Robin C. Willoughby, MSN, CRNA
Milo, Maine