

Laurie Rousseau
Wiscasset
LD 1914

Please enact LD1914 and add a breakthrough health treatment for PTSD, CPTSD, as well as major depressive disorder. I attended a psilicybin retreat in Jamaica in 2018 as a last ditch effort to come out of a decades-long depression. It was an experience of spiritual healing for me. My depression eased that week and with continued work, I am healed today and back in the world as a balanced, upbeat person. For veterans, the availability of psilicybin assisted treatment is crucial. The burden veterans carry--trauma, PTSD, horrific memories and injuries...psilicybin is an effective and safe treatment. Feeling good about who you are in the world is a value we need to give back to veterans who are suffering today.