

Alana Thornton  
Poland  
LD 1914

I was prescribed SSRIs for 20 years - my entire adult life. After the loss of my father and best friend and being completely numb to it all, I carried major guilt on top of all of my childhood traumas. It took me 18 months to get off these medications. Slowly I was able to feel EVERYTHING. Psilocybin, under supervision, fast tracked the processing of things that may have taken me a lifetime to concur. It's deep effects were transformative to me mentally, spiritually, and physically. Give others a chance to do the same.