

Jonah Fertig-Burd
DURHAM
LD 1914

Dear Members of the Veterans and Legal Affairs,

I am writing in support of the Psilocybin Health Access Act. We have a mental health crisis in our state and country and study after study has shown that psilocybin is providing effective treatment for has helped people overcome PTSD, addictions, trauma, depression and anxiety. These medicines can be used safely to support people to address the roots of their challenges, instead of just dealing with the symptoms like our current anti-depressants do. A growing number of veterans have used psilocybin to help them deal with debilitating PTSD and suicidal ideation, and has helped them reintegrate into their communities and live healthy lives.

Psilocybin mushrooms come from nature and have been used for thousands of years. They have proven to be safe and effective. With the mental health crisis and high rates of addiction and suicide, we need every tool in our toolbox to help people to heal. This bill will create a pathway for these medicines to be used safely so that we can help the wellbeing of our communities.

Sincerely,
Jonah Fertig-Burd