

Nancy Hamlin
West bath
LD 1914

12 May 2023

Senator Hickman, Senate Chair

Representative Supica, House Chair

Members, Joint Standing Committee on Veterans and Legal Affairs

100 State House Station

Augusta, ME 04333-100

Re: LD 1914 An Act to Enact the Maine Psilocybin Health Access Act

Position: In Support

Senator Hickman, Representative Supica, and Distinguished Members of the
Committee,

My name is Nancy Hamlin, Army Veteran who suffers from chronic PTSD, Major Depressive Disorder, several auto immune diseases and chronic pain. I have tried several VA medications, multiple types of mental health therapies, and had little relief. My counselor told me to research MAPS for psilocybin assisted therapies. To offer these treatments more readily will save Veterans' lives. I can say this because I have both experienced and seen deep healing in others with psilocybin therapy.

The Veterans that have found ways to do it without therapeutic aid have reported it has helped. Imagine how it could heal them in the therapeutic setting being suggested. I ask, for my brothers and sisters in arms, please approve LD 1914. We lose too many Veterans to suicide due to lack of healing options that fit their needs. This most definitely will improve lives. Thank you for your time.

V/R

Nancy Hamlin

US Army Veteran

Veteran Advocate