

Charlene Crane  
Ellsworth  
LD 51

Charlene Crane  
10 Maddocks Ave.  
Ellsworth, ME 04605

April 2, 2023

Dear Senator Rafferty, Representative Brennan and esteemed members of the Education and Cultural Affairs Committee,

My name is Charlene Crane and I've been a licensed massage therapist in Maine since 1992. In my massage therapy practice I see a wide variety of ages, sizes and types of people coming from all backgrounds and all walks of life. Because I specialize in applying orthopedic type massage therapy, and craniosacral therapy, neuromuscular and myofascial trigger point release techniques, I see quite a few people who have been dealing with chronic debilitating pain and who have witnessed and been victim to trauma and multiple cumulative traumas. These range from sports injuries, job related accidents, and car wrecks to injuries sustained on the battlefield, domestic violence and homelessness. I am very familiar with the difference between effortless vibrant health and being in the arduous process of rehabilitating from serious injury.

Ever since the Covid mRNA gene therapy injections program got underway I have witnessed an alarming downward spiraling of health in many clients, especially obvious and devastating in already fragile, injured and immune compromised clients. Ever since the rollout of the mandatory for work and school attendance Covid frankenshots were introduced I've seen more bizarre symptoms and debilitating neurological events suddenly appear in clients than I have ever before seen in my thirty years of doing massage therapy in Maine. I have witnessed a correlative array of adverse events including muscle twitching, spasms, twitching and shaking, increased joint and muscle pain in clients, weakness and incapacitating fatigue, lethargy, numbness and paresthesia, headaches and vision problems, tinnitus and vertigo, gastrointestinal reflux, and blood pressure abnormalities.

For fear of losing their licenses or being sanctioned by the state medical boards doctors are not speaking up about the multitudes of injuries and adverse reactions they're seeing.\* This sad fact, along with blatant censorship from the big tech companies\*\* and legacy media, is keeping a lot of people in the dark about the true nature of the untested understudied cocktails that they are putting into their bodies and how horrific the outcomes are to the blind use of the pandemic's chief countermeasure.

But this isn't about my clients and their symptoms. This is about preventing more unnecessary disease and dysfunction in the youth who are coming up today. It's also about nurturing an optimistic hope that these same up and coming young people may enjoy some similar level of medical autonomy and sovereignty to what I and my peers had while we were growing up. Unnecessary vaccination will put children at elevated risk of vaccine harm, especially as it appears that most are already naturally immune and will obtain no advantageous benefit.

There is no such thing as a one-size-fits-all medicine. We are all completely unique in our needs and requirements when it comes to the substances, nutrients and supplements we take into our bodies. A drug that one person may experience zero side effects from another will have a veritable endless stream of egregious and life altering side effects from. Where there is risk there must be choice. Where there are experimental products involved (such as the drugs or vaccines that have not undergone adequate safety studies and for which the manufacturers carry no liability if someone is harmed from taking them) there must be, according to United States law, informed consent; meaning a full disclosure of all the risks and benefits of a product and an absence of coercion, as well as approval by an institutional review

board. I am in support of LD51 “An Act to Restore Religious and Philosophical Exemptions to Immunization Requirements” and I urge you to give it an “ought to pass” vote.

Sincerely,

Charlene Crane, LMT, Breathe Easy Massageworks, Ellsworth, Maine. U.S.A.

\*Dr. Paul Marik on Why Doctors Aren’t Speaking Out

<https://stevekirsch.substack.com/p/my-paul-marik-interview-on-why-doctors>

\*\*<https://childrenshealthdefense.org/defender/lawsuit-rfk-jr-chd-biden-free-speech/>