Thomas Diaz Escobar buxton LD 156 Testimony of Thomas King Middle School In Support of LD 156

Senator Rafferty, Representative Brennan and esteemed members of the Joint Standing Committee on Education and Cultural Affairs. My name is Thomas. I am a resident of Portland and a grade 7 student at King Middle School.

Today, I'm submitting testimony in support of LD 156, "An Act to Require Outdoor Recess Time For Students From Grade 6 To Grade 8".

I fully support this bill cause people could not be fit and it would be very hard for them if they don't have outside time or time that they can relax and cool down before going to other classes and they should let kids and when the kids go outside they can be calm when they come back inside the school to go to their next class then the teacher can be calm and then it would be good for the teacher and students

Kids should go outside because they need fresh air and if they don't get fresh air they can be lazy and then when they go outside they would be happy to run around and have fun because they could talk to their friends and play with their friends

This bill is very important because if the kids don't go outside their brains won't be ready to listen and they could no be able to do their work since they didn't get fresh air or get to hangout with their friends

This is why i support my bill because all kids should go outside and get to hangout with their friends

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