

mohamed fowsi  
portland  
LD 156

#### INTRODUCTION

Senator Rafferty, Representative Brennan and esteemed members of the Joint Standing Committee on Education and Cultural Affairs. My name is mohamed. I am a resident of portland and a grade 7 student at King Middle School.

Today, I'm submitting testimony in support of LD 156, "An Act to Require Outdoor Recess Time For Students From Grade 6 To Grade 8".

#### SECTION 1

It should be come a law becasue some kids stress in classes like math you might stress about math when you think hard in class you stress so when you get a break it makes you fell good and relaxed

#### SECTION 2

I think it can work at lineman and other schools it works at king its fine because the kids get to relive there stress from school at get to have fun and socialize with there friends

#### CONCLUSION

I support Id 156 thank you for all youre time  
(mohamed)  
(portland)