

John Payer
Portland
LD 156

Testimony of John payer, King Middle School
In Support of LD 156

Senator Rafferty, Representative Brennan and esteemed members of the Joint Standing Committee on Education and Cultural Affairs. My name is John payer. I am a resident of Portland and a grade 7 student at King Middle School.

Today, I'm submitting testimony in support of LD 156, "An Act to Require Outdoor Recess Time For Students From Grade 6 To Grade 8".

Most middle school students have to stay inside for 6 ½ hours without any physical activities and it is really unhealthy for kids and teenagers so I think this bill will really help.

I think this bill will really help out because it is unhealthy for kids to be inside for 6 ½ hours and I really think this bill should be approved and I think my opinion and other people's opinion really matter. It really works here at king middle and works with our schedule. I think it should workout for other schools in maine

In conclusion I think this bill should be approved because students should have the time to let out energy and could be a time where kids could be really social and kids should learn how to have social skills to get through life.

John Payer
Portland, Maine.

My teacher's email address, if you have questions: masont@portlandschools.org