

Maeve Amoroso  
King Middle School  
LD 156

Testimony of Maeve Amoroso, King Middle School  
In Support of LD 156

Senator Rafferty, Representative Brennan and esteemed members of the Joint Standing Committee on Education and Cultural Affairs. My name is Maeve. I am a resident of Portland Maine and a grade 7 student at King Middle School.

Today, I'm submitting testimony in support of LD 156, "An Act to Require Outdoor Recess Time For Students From Grade 6 To Grade 8".

As a middle school student every day we have 7 hours of sitting in a classroom. When I sit in class for 7 hours a day it's very hard to focus when you can't have a break. This bill is important to me because students need time to take a break for work and chill just for 20 minutes.

I think this bill will work for Maine because all kids will be more focused at school and work better in class. My opinion matters because I am a student and I know how it feels to be in a class for 7 hours straight.

That's why I think we should have outside time everyday.

Maeve Amoroso  
Portland Maine

My teacher's email address, if you have questions: [masont@portlandschools.org](mailto:masont@portlandschools.org)