

STATE OF MAINE

—
**IN THE YEAR OF OUR LORD
TWO THOUSAND NINETEEN**
—

**JOINT RESOLUTION RECOGNIZING MAY 24, 2019 AS MAINE
RECOVERY DAY**

WHEREAS, many communities in the State are affected by substance use disorder; and

WHEREAS, recovery is a process of change through which people improve their health and wellness, live self-directed lives and strive to reach their full potential; and

WHEREAS, recovery is self-determined and voluntary and occurs via many pathways; and

WHEREAS, recovery flourishes when it is supported by relationships, social networks, family, friends and community members; and

WHEREAS, the Maine Recovery Coalition, representing recovery communities throughout Maine, aims to dispel the myths and stigmas about drug addiction through public education, sharing stories of recovery, creating positive social change and providing recovery support services for those in need; and

WHEREAS, recovery supports include integrated and coordinated services such as housing, employment, transportation, education, clinical treatment for substance use disorder, mental health, primary health care, dental care, complementary and alternative services, faith, spirituality, creativity, social networks and community participation; and

WHEREAS, recovery is based on respect, and acceptance and appreciation for people affected by substance use includes protecting their rights and eliminating discrimination; now, therefore, be it

RESOLVED: That We, the Members of the One Hundred and Twenty-ninth Legislature now assembled in the First Regular Session, on behalf of the people we represent, take this opportunity to recognize May 24, 2019 as Maine Recovery Day, express our support for those individuals who are achieving and sustaining long-term recovery and call upon the people in our communities to observe this day by supporting individuals and families of individuals in and seeking recovery.